



The Windber WOODS REVIEW

April 2024



WELCOME & ANNOUNCEMENTS

We want to welcome everyone whom joined our Windber Woods community this past month.



Our Windber Woods Community

Richard Marfizo, Robert Koot, John Follmar, Grant Moore, William McCoy, Elaine Croft, Jane Rogalla, Paul Schmidt, Marjorie Kirchner, Kelly Ohler, Margaret Wildner, Gladys May, Barbara Lucas, Betty Clemenson, Mildred Allen



CONNECT WITH WINDBER WOODS



www.windberwoods.com



www.facebook.com/Windber-Woods/



227 Hoffman Ave.
Windber, PA 15963



814.467.5505



NEWS & UPDATES



IL Easter Brunch

There was no bunny, but there was a lot of food and fun.

Our community is full of some of the best people in Windber.



Windber Woods wishes you the happiest of celebrations.

Windber Woods Beauty Services are currently suspended due to lack of beautician, we are diligently working to replace this position. Please Call **814-467-5505** with any questions.



Windber Woods

- Jean Williams (04)
- Mildred Allen (07)
- Thelma Constantino (08)
- Donna Newlin (09)
- James Mitchell (16)
- Patricia Paruch (16)
- Patricia McHenry (19)
- Kathleen Berzansky (26)
- Edna Suljak (28)
- Elizabeth Leppert (28)



Orchard Point

- Nancy Warshel (05)
- Janice Amigh (23)
- Regina Pruchnic (24)
- Tom Minnick (27)
- Sue Renzi (28)
- Jane Shirk (28)



Taufer Place

- Anne Bazzoli (22)

Sunday: **Closed**
 Monday: **Closed**
 Tuesday: **Closed**
 Wednesday: **Closed**
 Thursday: **Closed**
 Saturday: **Closed**



VISITING HOURS MAIN BUILDING INFO

Normal Visiting hours have resumed.
 To Keep Our Residents, Your Loved Ones Safe, we ask that if you are sick, you do not visit. Thank you.



Oasis

- Patricia Locher (15)



Coventry

- Barbara Okopal (04)
- Gary Caputo (21)
- Connie Starchok (29)



Staff

- Hailee Click (02)
- Joyce Wisz (02)
- Nicole Fulton (05)
- Alexis Makin (10)
- Jeremy Bell (13)
- Gabrielle Bartkovich (19)
- Leah Kosker (20)
- Teta Taingay (21)
- Helen Kalanish (23)
- Melanie Washabaugh (24)
- Heather Jo Smith (29)
- Marsha Snowball (29)
- Michelle Geisel (30)



 **MONTHLY
EMPLOYEE RECOGNITION**



Arnie Yoder– Maintenance



Years of Service – 15 years, 4 months

Supervisor Comments –

“Arnie is a team player. He does everything you ask of him and more. He is friendly, approachable and the staff and residents enjoy that he always does his job with a smile on his face.” – Andrew Plumley, Maintenance Director

Thank You Arnie!

 **MONTHLY
THERAPY STAR**



**Ronald
Baumgardner**

Ronald Baumgardner, came in S/P CVA with left side weakness, he transferred with moderate assist and ambulated with left platform W/W 20 feet moderate assist. He has progressed exceptionally well and will D/C home on the 1st. He is able to transfer and ambulate with regular W/W modified independent, walk up/down 6 steps with one handrail contact guard assist.

Way to go Ron keep reaching for the stars!

 **JOKE OF
THE MONTH**





We have a 2-bedroom apartment for rent in our Coventry Building. This 2nd floor apartment boasts ample closet space, living/dining room combo. Eat in Kitchen and much more. Please call 814-361-6441 for more information.



Please help us wish a very Happy Belated Birthday to Craig Kuhn, our Therapy Department Director. We just can't seem to get his birthday right!! We still love ya Craig! **HAPPY BIRTHDAY!** Craig's Birthday was actually in March!

APRIL HOLIDAYS

- 1-April Fool's Day
- 2-National PB&J Day
- 3-National Find a Rainbow Day
- 4-National Burrito Day
- 4-National Walking Day
- 7-World Health Day
- 10-National Siblings Day
- 11-National Pet Day
- 12-National Grilled Cheese Day
- 14-Palm Sunday (varies each year)
- 15-National Tax Day
- 15-National Laundry Day
- 16-Wear Pajamas to Work Day
- 18-National Haiku Poetry Day
- 20-Husband Appreciation Day
- 21- Easter(varies each year)
- 22-Earth Day
- 22-National Jelly Bean Day
- 23-National Picnic Day
- 25-Administrative Professionals Day
- 26-Arbor Day
- 26-National Pretzel Day
- 28-National Superhero Day
- 30-National Honesty Day

SOFESTIVE.COM



EXPERIENCED SOCIAL SERVICE DIRECTOR

If you or anyone you know are looking to join a stellar team?

Look NO Further!

We are hiring an experienced Social Service Director. The social services director is responsible for ensuring that the social, psychological and physical needs of all residents in the nursing home are being met.

Please call today! 814-467-5505



NURSING HOME ACTIVITY CALENDAR

April 2024 – Windber Woods Senior Living

Activities are subject to change

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	<p>1</p> <p>9AM Current Events 10AM Exercise Group 11AM One to One Visits 1PM Station Activities Resident Council Mt.</p> <p>*4PM Fun with Puns *6PM Game Night</p>	<p>2</p> <p>9AM News Headlines 10AM Exercise Group 11AM One to One Visits 1PM Station Activities 1:15 Catholic Service 2PM Pet Therapy</p> <p>* 6PM Table Talk Trivia</p>	<p>3</p> <p>9AM Current Events 10AM Exercise Group 11AM One to One Visits 1PM Station Activities</p> <p>*2PM Sherry Lynn (Spruce) *6PM PO-KE-NO Night</p>	<p>4</p> <p>9AM Current Events 10AM Exercise Group 11AM One to One Visits 1PM Station Activities Arts & Crafts</p> <p>*4PM Thinking Thursday *6PM Person Place or Thing</p>	<p>5</p> <p>9AM Current Events 10AM Exercise Group 11AM One to One Visits 1PM Station Activities Bingo</p> <p>*6PM UNO</p>	<p>6</p> <p>9AM News Headlines 10AM Exercise Group 11:00AM Sensory Visits 1PM Station Activities Bowling</p> <p>*4PM Scenes of April *6PM Sentimental Reflections</p>	
<p>7</p> <p>10AM Reminisce/ Coffee Hour 11AM Sensory Visits 1PM Sing Along 2PM Worship Service</p> <p>*4PM A Joyful Noise * 6PM Lawrence Welk/ Music</p>	<p>8</p> <p>9AM It's in the News 10AM Exercise Group 11AM One to One Visits 1:30 Build A Snack (sponsored by 365Hospice)</p> <p>*4PM Coloring Art *6PM Card Club</p>	<p>9</p> <p>9AM News Headlines 10AM Exercise Group 11:00 Sensory Visits 1PM Station Activities 2PM Pet Therapy</p> <p>*4PM Tune Tuesday *6PM Table Talk</p>	<p>10</p> <p>9AM Current Events 10AM Exercise Group 11AM One to One Visits 1PM Station Activities 2PM Brian Harshberger</p> <p>*6PM Imponderables</p>	<p>11</p> <p>9AM It's in the News 10AM Exercise Group 11AM Sensory Sensations 1PM Station Activities Fun & Games</p> <p>*4PM Sentimental Reflections *6PM Say What</p>	<p>12</p> <p>9AM Morning Talk 10AM Exercise Group 11AM One to One Visit 1PM Station Activities Bingo</p> <p>*4PM Music Reflections *6PM Game Night</p>	<p>13</p> <p>9AM Current Events 10AM Exercise Group 11AM Sensory Saturday 1:30 Saturday Movie Matinee / Movie Munchies (spruce)</p> <p>*4PM Traveling Vending Cart *6PM Lawrence Welk / music</p>	
<p>14</p> <p>1-3 PM SPRING TEA Tea stations: Maple & Spruce/ Elm PC/ Gardens/ Rose</p>	<p>15</p> <p>9AM It's in the news 10 AM Exercise Group 11AM One to One Visits 1PM Station Activities Taxing Trivia</p> <p>*4PM Penny Ante *6PM Game Night</p>	<p>16</p> <p>9AM Current Events 10AM Exercise Group 11AM Sensory Visits 1PM Station Activities Fun & Games 2PM Pet Therapy</p> <p>*6PM Person, Place or Thing</p>	<p>17</p> <p>9AM Morning Talk 10AM Exercise Group 11AM One to One Visits 1PM Station Activities Wheel of Fortune *4PM Wacky Wednesday *6PM UNO</p>	<p>18</p> <p>9AM Headlines 10AM Exercise Group 11AM Sensory Sensations 1:30 Ed Cominsky (basement Chapel) *4PM Windy Weather *6PM Thinking Thursday</p>	<p>19</p> <p>9AM Morning Talk 10AM Exercise 11AM One to One Visits 1PM Station Activities Bingo</p> <p>*4PM The Un Game *6PM Music Reflections</p>	<p>20</p> <p>9:30AM Morning News/ 10AM Exercise Group 11AM One to One Visits 1PM Station Activities</p> <p>*4PM Yahtzee *6PM Card Club</p>	
<p>21</p> <p>10AM Reminisce Hour Coffee & Refreshments 1PM Sensory Visits 2PM Worship Service</p> <p>*6PM Sentimental / Reflections</p>	<p>22</p> <p>9AM It's in the News 10AM Exercise 11AM One to One visit 1PM Station Activities Earth Day Trivia</p> <p>*2PM Brian Harshberger (spruce) *6PM Yahtzee</p>	<p>23</p> <p>9AM Current Events 10AM Exercise Group 1PM Station Activities Fun & Games 2PM Pet Therapy</p> <p>*6PM Tune Tuesday</p>	<p>24</p> <p>9AM Current Events 10AM Exercise Group 11AM Sensory Visits 1:30 Tom Voytas (basement chapel) *4PM Unusual Slogans *6PM Nicknames</p>	<p>25</p> <p>9AM Morning Talk 10AM Exercise Group 11AM Sensory Visits 1PM Station Activities Bingo *4PM Table Talk *6PM Game Night</p>	<p>26</p> <p>9AM Current Events 10AM Exercise Group 11AM Sensory Visits 1PM Station Activities Pretzels Bites *4PM Frolic on Friday *6PM Game Night</p>	<p>27</p> <p>9:30AM Morning News 10AM Exercise Group 11AM Sensory Saturday 1:30 Drumming Popcorn /Soda treat 3PM Traveling Vending Cart 6PM Lawrence Welk/ music</p>	
<p>28</p> <p>10AM Reminisce Hour 11AM Sensory Visits 1PM Music Hour 2PM Worship Service</p> <p>*4PM Music memories *6PM Lawrence Welk/Music</p>	<p>29</p> <p>9AM Morning Moments 10AM Exercise Group 11AM Sensory Visits 1PM Station Activities Monday Matinee</p> <p>*4PM Coloring art *6PM Game Night</p>	<p>30</p> <p>9AM Current Events 10AM Exercise Group 11AM One to One Visits 1PM Station Activities 2PM Pet Therapy</p> <p>*4PM Word Pictures *6PM Tune Tuesday</p>	<p>* Activities provided on the Spruce unit</p> 				



April 2024

Independent Living

Coventry / Taufer/ Orchard Point / Oasis

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4 1PM Move & groove	5	6
7	8	9 Orchard PT/Oasis Bingo	10 Coventry Bingo	11 Taufer Bingo	12	13
14	15	16	17	18	19	20
21	22	23	24 Luncheon	25 1PM Move & groove	26	27
28	29	30				

* Please view Notices *

Please see and view individual flyers for details

PLEASE feel free to CALL for additional information: Windber Woods Senior Living

814 467-5505

Melissa Lux/ Marketing Director EXT: 6441

SUSAN/ACTIVITIES EXT 6466.



MEMO

Windber Woods Independent Living Community

Moving & Grooving

Thursday April 4, 2024

1PM

&

Thursday April 25, 2024

1PM

Location: Oasis / Former Dining Room



Tentative upcoming dates for 2024:



May 9 & May 23



Windber Woods Senior Living
Independent Living Community
Coventry/ Oasis/ Orchard Point/ Taufer



Tuesday April 9, 2024 Orchard Point / Oasis
(Dining Area of the Oasis)

Wednesday April 10, 2024 Coventry Place
(Main Floor lounge area)

Thursday April 11, 2024 Taufer Place
(2nd floor Conference Room)

Time: Area will open at 12:30PM/
First Game will start at 1PM



***Please RSVP:**

Please call Susan/ Activities
Windber Woods Senior Living
(814)467-5505 Ext:6466

Light Refreshments served.....



READY, SET, BLOOM

Please join us Wednesday, April 24th at Scalp Level Covenant Brethren Church for Lunch & fellowship.

We will have a Spring Backdrop available for Couple/Individual Spring Photos, wear your Sunday best!

Please RSVP to 814-361-6441

IL SPRING LUNCHEON





Join us for Tea, Refreshments and Fellowship

Windber Woods Senior Living &
Rehabilitation Center

Spring Tea

Sunday April 14, 2024





1-3PM

Tea Stations located on Maple, Spruce,
Elm and Rose units



Hosted by: Windber Woods Activities Department

April 2024 – Windber Woods Senior Living / The Gardens / Personal Care Unit

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Exercise Group Resident Council Mt.	2 Exercise Group 1:15 Catholic Service Pet Therapy	3 Exercise Group 	4 Exercise Group Arts & Crafts	5 Exercise Group Traveling Vending Cart	6 Independent Exercise Bingo
	7 2PM Worship Service	8 Morning Exercise Group Build a Snack (sponsored by 365 Hospice)	9 Morning Exercise Group Pet Therapy	10 Morning Exercise Group 2PM Brian Harshberger	11 Morning Exercise Group Wii Games	12 Bingo
14 SPRING TEA 1-3PM Tea stations on Maple/ Spruce/ Elm	15 Exercise Group	16 Morning Exercise Group Pet Therapy	17 Morning Exercise Group Wheel of Fortune	18 Morning Independent Activities 1:30 Ed Cominsky	19 Morning Exercise Group Traveling Vending cart	20 Exercise Group Bingo
21 2PM Worship Service	22 Morning Exercise Group Fun & Games	23 Exercise Group Pet Therapy	24 Morning Exercise 1:30 Tom Voytas	25 Exercise Group Trivia	26 Morning Exercise 	27 Exercise Group Bingo
28 2PM Worship Service	29 Exercise Group Monday Matinee	30 Pet Therapy	Activities subject to change Wii, Puzzles, Movies & Board Games are available for Independent Activities any time of day. 			



MONTHLY DINING WEEK AT A GLANCE

REGULAR						
Sunday 03/31	Monday 04/01	Tuesday 04/02	Wednesday 04/03	Thursday 04/04	Friday 04/05	Saturday 04/06
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Hash Brown Patty Hot Oatmeal Tomato & Cheese Egg Bake	Cream of Wheat Cereal Breakfast Sausage. French Toast - Syrup - Margarine	Grits Cereal Scrambled Eggs Glazed Cinnamon Bun	Hot Oatmeal Egg & Cheese on an English Muffin	Cream of Wheat Cereal Crispy Bacon Pancakes - Margarine - Syrup	Hot Oatmeal Scrambled Eggs Coffee Cake	Grits Cereal Breakfast Sausage. Waffles - Syrup - Margarine Banana
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Brown Sugar Glazed Ham Beef Chopped Steak - Onion Gravy Bread Stuffing Steamed Rice Brussels Sprouts Tropical Fruit	Broccoli Cheddar Soup (GF) - Saltine Crackers Beef Hot Dog on a Bun - Mustard Cornflake Chicken - Poultry Gravy Vegetarian Baked Beans Steamed Rice Chocolate Banana Pudding	Crispy Chicken Patty on a Bun - Mayonnaise Beef Patty Melt on Rye w/ Tomato French Fries - Ketchup Steamed Rice Green Beans Jello w/ Non-Dairy Whip Topping	Chicken Cacciatore w/ Tom, Peppers & Mushrooms Chef Salad w/ Ham, Egg & Cheese - Italian Dressing Egg Noodles Mashed Potatoes Broccoli Spice Cake	Sloppy Joe (3oz) On a Bun Lemon Basil Chicken - Poultry Gravy Baked Tater Tots - Ketchup Steamed Rice Succotash Carrots Orange Fluff	Split Pea Soup (vegetarian) (GF) - Saltine Crackers Family Style Macaroni & Cheese Pork Rib Patty on Bun - BBQ Sauce Green Beans Chocolate Cake	Ham & Cheddar Potato Casserole Hamburger on a Bun - Ketchup Peas Carrots Sugar Cookies
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Cheesy Tomato Beef -A-Roni Casserole Breaded Fish On a Bun - Tartar Sauce Italian Vegetables Garlic Bread Vanilla Ice Cream	Herb Baked Chicken Breaded Pork Fritter - Gravy Parmesan Bowtie Pasta Mashed Potatoes Capri Vegetables Chilled Pears	Sweet & Sour Pork Beef & Rice Stuffed Pepper Casserole Steamed Rice Mashed Potatoes Asian Vegetables Fruit Mix	Classic Meatloaf - Brown gravy Curry Chicken Cheesy Mashed Potatoes Steamed Rice Harvard Beets Cinnamon Baked Apples	Roast Turkey - Poultry Gravy Stuffed Beef Steak Roll - Brown gravy Candied Yams Bread Stuffing Cream Style Corn Pineapple Tidbits	Herb Baked Fish Oven Fried Chicken Rosemary Roasted Potatoes Steamed Rice Cauliflower Chilled Peaches	Creamy Swedish Meatballs Baked Crab Cake - Tartar Sauce Egg Noodles Mashed Potatoes California Vegetables Fruit Crisp

REGULAR						
Sunday 04/07	Monday 04/08	Tuesday 04/09	Wednesday 04/10	Thursday 04/11	Friday 04/12	Saturday 04/13
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Shredded Hash Browns Hot Oatmeal Biscuit w/ Country Gravy	Cream of Wheat Cereal Breakfast Sausage. French Toast - Syrup - Margarine	Grits Cereal Scrambled Eggs Glazed Cinnamon Bun	Hot Oatmeal Egg & Cheese on an English Muffin	Cream of Wheat Cereal Crispy Bacon Pancakes - Margarine - Syrup	Hot Oatmeal Scrambled Eggs Coffee Cake	Grits Cereal Breakfast Sausage. Waffles - Syrup - Margarine Banana
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Herb Rubbed Pork - Gravy Beef Chopped Steak - Onion Gravy Mashed Potatoes Steamed Rice Winter Blend Vegetables Dinner Roll - Margarine Tropical Fruit	Hamburger on a Bun - Ketchup Cornflake Chicken - Poultry Gravy Wedge Cut Fries - Ketchup Steamed Rice Creamy Coleslaw Carrots Tapioca Pudding	Tomato Soup - Unsalted Crackers Breaded Chicken Cutlet - Pepper Cream Sauce Beef Patty Melt on Rye w/ Tomato Egg Noodles Mashed Potatoes Brussels Sprouts Jello w/ Non-Dairy Whip Topping	Breaded Fish - Tartar Sauce Crispy Chicken Salad w/ Parmesan & Croutons - Caesar Dressing French Fries - Ketchup Steamed Rice Green Beans Yellow Cake w/ Frosting	Beef Chili Lemon Basil Chicken - Poultry Gravy Steamed Rice Mashed Potatoes Yellow Squash Chocolate Chip Cookies	Lentil Soup (vegetarian) (GF) - Saltine Crackers Egg Salad (3oz) on White Pork Rib Patty on Bun - BBQ Sauce Italian Pasta Salad Steamed Rice Pineapple Fluff	Stewed Chicken Hamburger on a Bun - Ketchup Egg Noodles Steamed Rice Peas Carrots Glazed Bread Pudding
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Mexican Beef Casserole Breaded Fish On a Bun - Tartar Sauce Steamed Rice Mashed Potatoes Fiesta Corn Chocolate Ice Cream	BBQ Chicken Breaded Pork Fritter - Gravy Parsley New Potatoes Steamed Rice Southern Green Beans Chilled Pears	Three Cheese Baked Ziti w/ Marinara Sauce Beef & Rice Stuffed Pepper Casserole Broccoli Fruit Mix	Polish Sausage & - Sauerkraut Curry Chicken Mac-N-Cheese Steamed Rice Cinnamon Baked Apples	Roast Turkey - Poultry Gravy Stuffed Beef Steak Roll - Brown gravy Baked Sweet Potato - Margarine Bread Stuffing Green Beans Pineapple Tidbits	Rosemary Baked Fish Oven Fried Chicken Lyonnaise Potatoes Steamed Rice Stewed Tomatoes Chilled Peaches	Shepherd's Pie w/ Diced Carrots & Mashed Potatoes - Beef Gravy Baked Crab Cake - Tartar Sauce Steamed Rice California Vegetables Fruit Crisp



MONTHLY DINING WEEK AT A GLANCE

REGULAR						
Sunday 04/14	Monday 04/15	Tuesday 04/16	Wednesday 04/17	Thursday 04/18	Friday 04/19	Saturday 04/20
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Hash Brown Patty Hot Oatmeal Tomato & Cheese Egg Bake	Cream of Wheat Cereal Breakfast Sausage. French Toast - Syrup - Margarine	Grits Cereal Scrambled Eggs Glazed Cinnamon Bun	Hot Oatmeal Egg & Cheese on an English Muffin	Cream of Wheat Cereal Crispy Bacon Pancakes - Margarine - Syrup	Hot Oatmeal Scrambled Eggs Coffee Cake	Grits Cereal Breakfast Sausage. Waffles - Syrup - Margarine Banana
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Brown Sugar Glazed Ham Beef Chopped Steak - Onion Gravy Whipped Sweet Potatoes Steamed Rice Corn O'Brien Tropical Fruit	Cream of Potato Soup (GF) - Saltine Crackers Beef Hot Dog on a Bun - Mustard Cornflake Chicken - Poultry Gravy Vegetarian Baked Beans Steamed Rice Chocolate Banana Pudding	Crispy Chicken Patty on a Bun - Mayonnaise Beef Patty Melt on Rye w/ Tomato Creamy Macaroni Salad Steamed Rice Zesty Beets Jello w/ Non-Dairy Whip Topping	Cantonese Chicken Chef Salad w/ Ham, Egg & Cheese - Italian Dressing Steamed Rice Mashed Potatoes Asian Vegetables Spice Cake	Sloppy Joe (3oz) On a Bun Lemon Basil Chicken - Poultry Gravy Baked Tater Tots - Ketchup Steamed Rice Peas Carrots Orange Fluff	Split Pea Soup (vegetarian) (GF) - Saltine Crackers Family Style Macaroni & Cheese Pork Rib Patty on Bun - BBQ Sauce Stewed Tomatoes Chocolate Cake	Ham & Cheddar Potato Casserole Hamburger on a Bun - Ketchup Brussels Sprouts Sugar Cookies
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Cheesy Tomato Beef -A-Roni Casserole Breaded Fish On a Bun - Tartar Sauce Green Beans Garlic Bread Vanilla Ice Cream	Grilled Chicken Breaded Pork Fritter - Gravy Rotini Alfredo Mashed Potatoes Broccoli w/ Garlic Chilled Pears	BBQ Pulled Pork Beef & Rice Stuffed Pepper Casserole Baked Potato - Sour Cream - Margarine Steamed Rice Southern Green Beans Fruit Mix	Classic Meatloaf - Brown gravy Curry Chicken Mashed Potatoes Steamed Rice Braised Cabbage Cinnamon Baked Apples	Cheesy Chicken Parmesan w/ Marinara Sauce Stuffed Beef Steak Roll - Brown gravy Penne Pasta w/ - Marinara Sauce Mashed Potatoes California Vegetables Pineapple Tidbits	Garlic Buttered Fish Oven Fried Chicken Rosemary Roasted Potatoes Steamed Rice Cream Style Corn Chilled Peaches	Creamy Beef Stroganoff w/ Mushrooms Baked Crab Cake - Tartar Sauce Egg Noodles Mashed Potatoes Capri Vegetables Fruit Crisp

REGULAR						
Sunday 04/21	Monday 04/22	Tuesday 04/23	Wednesday 04/24	Thursday 04/25	Friday 04/26	Saturday 04/27
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Shredded Hash Browns Hot Oatmeal Biscuit w/ Country Gravy	Cream of Wheat Cereal Breakfast Sausage. French Toast - Syrup - Margarine	Grits Cereal Scrambled Eggs Glazed Cinnamon Bun	Hot Oatmeal Egg & Cheese on an English Muffin	Cream of Wheat Cereal Crispy Bacon Pancakes - Margarine - Syrup	Hot Oatmeal Scrambled Eggs Coffee Cake	Grits Cereal Breakfast Sausage. Waffles - Syrup - Margarine Banana
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Breaded Chicken Cutlet - Pepper Cream Sauce Beef Chopped Steak - Onion Gravy Mashed Potatoes Steamed Rice Broccoli Dinner Roll - Margarine Tropical Fruit	Hearty Potato Vegetable Soup (GF) - Saltine Crackers Hamburger on a Bun - Ketchup Breaded Pork Fritter - Gravy Italian Pasta Salad Mashed Potatoes Tapioca Pudding	Three Cheese Baked Ziti w/ Marinara Sauce Beef Patty Melt on Rye w/ Tomato Italian Blend Vegetables Jello w/ Non-Dairy Whip Topping	Breaded Fish - Tartar Sauce Crispy Chicken Salad w/ Parmesan & Croutons - Caesar Dressing French Fries - Ketchup Steamed Rice Creamy Coleslaw Green Beans Yellow Cake w/ Frosting	BBQ Pulled Pork Lemon Basil Chicken - Poultry Gravy Baked Tater Tots - Ketchup Steamed Rice Cauliflower Chocolate Chip Cookies	Lentil Soup (vegetarian) (GF) - Saltine Crackers Tuna Salad (3oz) on White Pork Rib Patty on Bun - BBQ Sauce Potato Salad Steamed Rice Pineapple Fluff	Cheesy-Mac Turkey Tetrazzini Hamburger on a Bun - Ketchup Broccoli Glazed Bread Pudding
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Beef Chili Breaded Fish On a Bun - Tartar Sauce Steamed Rice Mashed Potatoes Corn O'Brien Chocolate Ice Cream	Herb Rubbed Pork - Gravy Cornflake Chicken - Poultry Gravy Parsley New Potatoes Steamed Rice Braised Cabbage Chilled Pears	BBQ Chicken Beef & Rice Stuffed Pepper Casserole Mac-N-Cheese Steamed Rice Green Beans Fruit Mix	Italian Sausage w/ - Peppers & Onions.. Curry Chicken Parmesan Bowtie Pasta Steamed Rice Brussels Sprouts Cinnamon Baked Apples	Chicken Marsala w/ Mushroom Sauce Stuffed Beef Steak Roll - Brown gravy Herb Buttered Rice Mashed Potatoes Capri Vegetables Pineapple Tidbits	Lemon Pepper Fish Oven Fried Chicken Lyonnaise Potatoes Steamed Rice Glazed Carrots Chilled Peaches	Shepherd's Pie w/ Diced Carrots & Mashed Potatoes - Beef Gravy Baked Crab Cake - Tartar Sauce Steamed Rice California Vegetables Fruit Crisp



Earth Day is an annual celebration that honors the achievements of the environmental movement and raises awareness of the need to protect Earth's natural resources for future generations. Earth Day is celebrated on April 22 in the United States and on either April 22 or the day the spring equinox occurs throughout the rest of the world.

Environmental activism during the 1960s inspired Wisconsin Sen. Gaylord Nelson to create a national celebration uniting the environmental movement. With the help of Denis Hayes, a graduate student at Harvard University, Nelson organized the first Earth Day on April 22, 1970, educating participants in the importance of environmental conservation. Attended by 20 million people across the United States, the event strengthened support for legislation such as the Clean Air Act (updated in 1970) and the Endangered Species Act (1973). Today, the Earth Day Network (EDN), which brings together more than 20,000 partners and organizations in 190 countries, supports the Earth Day mission year-round.



Join us on April 24th as we celebrate our Administrative Staff.

This group of people are the glue that keep us together!!

Thought For the Month





April Word Search

R	T	U	Z	Y	A	R	A	B	B	I	T
P	A	P	R	I	L	F	O	O	L	S	R
U	E	I	O	D	J	A	C	K	E	T	A
E	M	A	X	E	P	E	I	S	Q	O	I
O	G	Z	L	A	W	R	M	A	U	E	N
E	R	G	S	R	G	C	L	Q	F	P	B
S	A	R	S	T	O	H	J	B	B	U	O
P	B	A	D	H	S	I	M	R	E	D	W
R	U	S	I	D	W	C	L	O	U	D	S
I	E	S	R	A	E	K	A	P	I	L	Z
N	D	B	B	Y	I	S	P	M	U	E	A
G	U	A	T	U	L	I	P	S	X	S	O

RAINBOWS

EGGS

RABBIT

EARTH DAY

CLOUDS

CHICKS

APRIL FOOLS

GRASS

SPRING

TULPIS

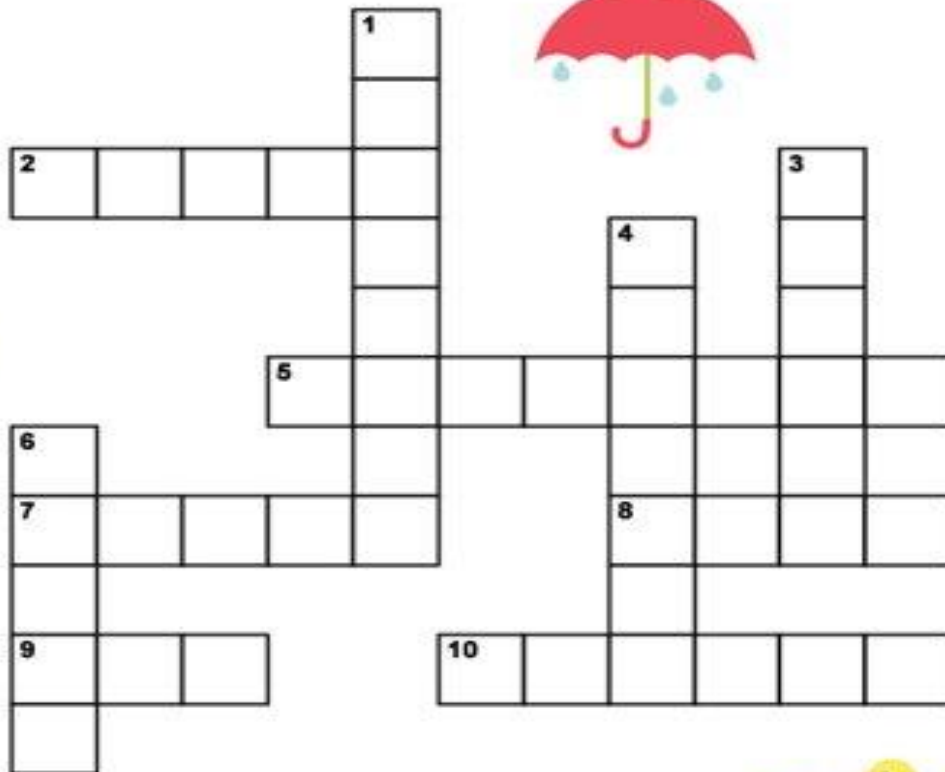
JACKET

PUDDLES



APRIL CROSSWORD

Solve the following puzzle based on the clues given!



Across

- [2] April _____ Day is celebrated on April 1st with pranks.
- [5] Flower associated with Spring.
- [7] Fourth month of the year
- [8] What does the Easter Bunny hide?
- [9] April 15th is known _____ Day in the United States.
- [10] Collect your eggs in _____.

Down

- [1] What sport usually begins its season in April?
- [3] April symbolizes this season.
- [4] April showers bring May _____.
- [6] _____ Day promotes environmental protection on April 22nd.